

# Lavant Road Surgery Health Information Form

To be completed by all persons aged 16 years or older

Welcome to Lavant Road Surgery. We would be grateful if you could fill out this questionnaire to assist us to address your immediate health needs. Please answer all questions if possible.

Title: (Mr / Mrs / Miss / Other) \_\_\_\_\_  Male  Female

Family Name: \_\_\_\_\_ Ethnicity:  British  Irish

First Names(s): \_\_\_\_\_

Date of Birth: \_\_\_\_\_  Asian  Caribbean  African  
 Indian  Pakistani  Chinese

Address: \_\_\_\_\_  Bangladeshi  Other White  
 \_\_\_\_\_  Other Black  Other Mixed  
 \_\_\_\_\_  Other: \_\_\_\_\_

Postcode: \_\_\_\_\_ First Language: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

I give permission for messages to be left on my phone: Yes / No

Email Address: \_\_\_\_\_

We would like to contact you periodically by email to ask you about services and developments at the practice. If you do not want us to do this, please tick here.

In case of emergency / next of kin please contact:

Name: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Previous address \_\_\_\_\_ Previous Dr \_\_\_\_\_  
 \_\_\_\_\_ Previous Dr Address \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Place of Birth:**

**NB. If you are from abroad** we need your first UK address registered with a GP.  
AND Date of entry into UK:

Height : \_\_\_\_\_ Metres or \_\_\_\_\_ Feet \_\_\_\_\_ Inches

Weight: \_\_\_\_\_ Kg or \_\_\_\_\_ Stones \_\_\_\_\_ Pounds

Do you take regular exercise?  Yes  No If so, list regular activity: \_\_\_\_\_

Do you smoke?  Never Smoked  Ex-Smoker  Smoker

If you are or were a smoker, on average how many a day?  Cigarettes  Cigars

Smoking is detrimental to your health. Smoking cessation advice and support is available.

How many units of alcohol do you drink in a week? (a unit is 1 glass of wine, ½ pint beer, pub measure of spirit)

How often do you have a drink that contains alcohol?

- Never
- Monthly or less
- 2-4 times per month
- 2-3 times per week
- 4+ times per week

How many standard alcoholic drinks do you have on a typical day when you are drinking?

- 1-2
- 3-4
- 5-6
- 7-8
- 10+

How often do you have 6 or more standard drinks on one occasion?

- Never
- Less than Monthly
- Monthly
- Weekly
- Daily or almost daily

Depending on results, someone from the practice may contact you about alcohol consumption.

Do you have any allergies? (e.g. drugs, foods, etc...)

- Yes
- No

If so, please list here:

\_\_\_\_\_

Immunisation Record (with dates if known)

Meningitis C

Or  Meningitis A+C

MMR / MMR Booster

\_\_\_\_\_

\_\_\_\_\_

Have you ever suffered from any of the following conditions?

<u>Condition</u>	<u>Details</u>	<u>Date of onset/diagnosis if known</u>
<input type="checkbox"/> Asthma	<input type="checkbox"/> Current (using inhaler/medication now)	____ / ____ / ____
	<input type="checkbox"/> Past / Childhood (not using inhaler/medication now)	____ / ____ / ____
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Insulin dependent	____ / ____ / ____
	<input type="checkbox"/> Non-insulin dependent	____ / ____ / ____
<input type="checkbox"/> Epilepsy	Date of last fit: ____ / ____ / ____	____ / ____ / ____
<input type="checkbox"/> Tuberculosis		____ / ____ / ____
<input type="checkbox"/> Eating Disorders		____ / ____ / ____
<input type="checkbox"/> Mental Illness	<input type="checkbox"/> Serious (e.g. Bi-polar disorder, Schizophrenia)	____ / ____ / ____
	<input type="checkbox"/> Common (e.g. anxiety, depression)	____ / ____ / ____

Please add any additional information that may be relevant. This might include any other serious illness you have suffered or operations you have had. Where relevant, please include dates.

If you have any significant medical condition or medical history we strongly advise you to arrange a Health Check appointment with the Health Care Assistant within the next month.

If you are on regular medication you will need to make an appointment with the Doctor before you can be issued with a prescription. Please make an appointment 2-3 weeks before your supplies run out.

If you need contraception, make an appointment with the Practice Nurse 2-3 weeks before the prescription is required.

I have read the above. I confirm the information I have provided is a full and correct record of my medical history.

Signed: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_